

LEADERSHIP AND PEOPLE MANAGEMENT (LPM) FRAMEWORK

MANAGE SELF

'Manage Self' is a three-day learning programme designed to help leaders function at their best. Drawing on theories and research in the areas of Transactional Analysis and EQ, 'Manage Self' prepares leaders 'to be' rather than just 'to do'.

The course focuses on three core competencies of leadership:

1. **Communicate Effectively**
2. **Influence Decision Making**
3. **Demonstrate Commitment to Self Development**

Programme Details

Competency Unit Code: LPM-PER-401C-O

Duration: 3 days (30 hours)

Target audience: Managers, departmental heads and high potentials being groomed for leadership positions

Teaching methodology: The programme is conducted in an informal and interactive style peppered with discussions, real life illustrations, case studies and experiential exercises. The activities and group work facilitated during the course will also strengthen teamwork and camaraderie.

Facilitators: Seraph believes in team-based facilitation. Each facilitation team comprises cool and funky consultants with diverse professional backgrounds.

**AS ALWAYS, WE GUARANTEE THE SERAPH
BRAND OF LEARNING--FUN, COOL, FUNKY,
UNFORGETTABLY FUN, AND VERY VERY
EFFECTIVE!**

Course outline:

- Introduction to Leadership and People Management
- Self-awareness using the Transactional Analysis (TA) concepts -- Life Scripts, Life Positions and Ego-States
- An overview of communication
- Communication and TA
- Communication techniques and approaches
- Listening and feedback
- An overview of decision making model
- Facilitating the decision making process
- Implementation plan
- Motivating the team with stroking (TA concept)
- An overview of self development
- DiSC self assessment of leadership style
- Emotional well-being and resilience
- Evaluation processes
- Assessment activities (3 LGAs and 1 FA)

Professional Diploma in Leadership and People Management (WSQ)

Learners who are certified 'Competent' at the end of the course will receive a Statement of Attainment (SOA) for Manage Self under the WSQ LPM framework. There are six Competency Units (CUs) within Level 4 under the LPM framework, namely Lead Team, Manage Change, Cultivate Workplace Relationships, Enable People, Manage Self and Manage Achievement of Results.

Learners will be able to attain the WSQ Professional Diploma in Leadership and People Management once they have attained the SOAs for all six CUs above and SOAs for two elective CUs.

